

Total Pages : 8

N25DIIIIV19_3/A25DIV19_3

B.A./B.Sc./B.Com./B.B.A./B.C.A./B.Sc.(H.Sc.)
(Semester-III) (NEP) Examination, 2025-26

Value Added Course (VAC)

ENGLISH LITRATURE

(Emotional Intelligence)

Time Allowed : Two Hours

Maximum Marks : 35

Note : This question paper is divided into **two** sections. Attempt questions of **all two** sections as per direction. Distribution of marks is given in each section.

SECTION-A

(Objective Type Questions)

N25DIIIIV19_3/ (1) [P.T.O.]
A25DIV19_3-330

1. Attempt any five questions. Each question carries 1 mark.

[5×1=5]

Choose the correct alternative :

(i) Emotional Intelligence primarily deals with :

- (a) Logic
- (b) Managing emotions
- (c) Physical ability
- (d) Memory

(ii) A barrier to effective communications is :

- (a) Listening carefully
- (b) Using clear language
- (c) Prejudice
- (d) Empathy

(iii) A person who communicates confidently without hurting others is :

- (a) Passive

N25DIII19_3/ (2)

A25DIV19_3-330

(b) Aggressive

(c) Assertive

(d) Silent

(iv) Social competence includes :

- (a) Teamwork
- (b) Laziness
- (c) Isolation
- (d) Self-doubt

Fill in the blanks :

(v) Understanding one's strength and weaknesses means _____.

(vi) Self regard means _____.

State True or False :

(vii) Emotional Intelligence is inborn and cannot be developed.

(viii) Assertiveness is same as aggression.

[P.T.O.]

N25DIII19_3/

(3)

A25DIV19_3-330

Signature
Senior Superintendent
Center 01



Scanned with OKEN Scanner

(Short Answer Type Questions)

Note: Attempt any five questions. Each question carries 2 marks.
[5×2=10]

2. (i) Define Emotions.
- (ii) What is self-actualization according to Maslow?
- (iii) Define Empathy. How does it help in relationships?
- (iv) Explain interpersonal relationship in brief.
- (v) What is Emotional Regulation?
- (vi) Mention any two barriers to effective communication.
- (vii) How does physical exercise help in emotional balance?

SECTION-B

(Descriptive Type Questions)

Note: There are **four** units in this section. Attempt **any one** question from each unit. Each question carries 5 marks.

[4×5=20]

N25DIIIV19_3/ (4)
A25DIV19_3-330

UNIT-I

3. Describe nature, characteristics and functions of emotions.

OR

Explain the concept, meaning and scope of Emotional Intelligence.

UNIT-II

4. Describe Intrapersonal Skills. How are they important for emotional and professional growth?

OR

Explain Personal competence in detail. How do self-awareness, self-regard, and independence contribute to EI.

UNIT-III

5. Analyse the importance of empathy in social and professional relationships. Give practical examples.

[P.T.O.]

N25DIIIV19_3/ (5)
A25DIV19_3-330

Scanned



Scanned with OKEN Scanner

OR

Discuss the role of social responsibility and effective communication in enhancing EI.

UNIT-IV

6. Describe how emotional intelligence can be developed and improved. Discuss any four practical techniques or training methods.

OR

Write an essay on different techniques to employed to manage emotions effectively.

—X—

**N25DIII19_3/ (6)
A25DIV19_3-330**